

What is Flowing Between Human Beings

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This work discusses what is 'flowing' between humans in the practice of nursing and other situations. From my own experience I have found that there is always something flowing between patient and nurse, even when there is no particular apparent sign of this and little recognition by the patient or nurse. I believe this unseen flowing is a fundamental level of communication and, based on it, everyday apparent communicative actions are made possible and meaningful. Today's nursing, however, leans strongly toward an evidence-based scientific approach and, therefore, takes no account of this level of human communication. In this work I have stressed the importance of recovering and including this level in the practice of nursing. In my discussion I have made particular reference to the ideas of Toshiharu Takeuchi and Jean Watson. Takeuchi is well known for his practice of recovering 'body' as a whole existence, and Watson provided the concept of transpersonal care in nursing. Their ideas are significant for refinement of the concept of flowing.