

Theoretical Knowledge and Practical Skills for the Support of Young People in Transition

–Analyses of interviews with youth workers–

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Abstract

This paper aims to examine what kinds of theoretical knowledge and practical skills are needed for youth workers to reduce difficulties and problems of youth transition. Three skills were identified as important elements of support: (1) Youth workers providing young people with safe space in which they can develop trust among peers, (2) reflective practice support to create practical skills for youth workers, and (3) youth workers using original theoretical knowledge based on their experience in coping with problems, when they carry out their job. The results were drawn from interviews with three youth workers who have careers spanning over ten years as full-time staff. Their interviews were analyzed by using a skill inductive approach from the transcription of interviews.