

# **Anthropophobic Tendencies Viewed from the Angle of the Dependence on Situations in Anthropophobia**

– Through the narratives of each self introduction –

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This study examined whether the “situation dependence angle,” which is the angle of the dependence on the situation in anthropophobia, and which views anthropophobia with a framework to understand the experience of “here and now” (arising according to various situations), is applicable to anthropophobic tendency.

Up to now, the “attribution angle” in anthropophobia has been energetically pondered. This “angle” views anthropophobia within a certain framework to understand problems regarding personality. However, regarding the “situation dependence angle,” until Okano (1998) took up this angle definitively, this has not been argued in detail. Thus, while the “attribution angle” has been substantially applied to anthropophobic tendency, the “situation dependence angle” has not been applied to anthropophobic tendency at all.

Therefore, this study tested two hypotheses. The first is that anthropophobic tendency could vary according to different situations. The second is that the “situation dependence angle” could understand anthropophobic experience based on the level of anthropophobic tendency. In order to test these hypotheses, in a condition that prompts the subjects cooperating in the study to recall a self-introduction experience, the changes of the score on the scale used for the measurement of anthropophobic tendency, along with the narratives of each self-introduction experience, were analyzed.

As a result, it developed that anthropophobic tendency could arise according to situation, or that the persons whose anthropophobic tendency arises by situation could exist, but the “situation dependence angle” could not wholly apply to anthropophobic experience based on levels of anthropophobic tendency. That is, it was suggested that there are two patterns for anthropophobic experience based on levels of anthropophobic tendency, and the difference between these two patterns is whether one feels the experience to be a failure.