

A Protagonist's Experience in Juvenile Literature and Psychotherapy

J.G. Robinson's *When Marnie Was There*

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Juvenile literature has long been a subject matter of great interest to psychotherapists. However, there are many Jungian interpretations focused on the contents of such tales. Thus, this study examines the real intention of Kawai (1996), who described that “reading juvenile literature is the same as practicing psychotherapy.” Therefore, I analyze in detail the protagonist's experiences in the novel, *When Marnie Was There*, which is an excellent literary work providing a metaphysical theme, finding common ground regarding various points. I conclude that this story incorporates a mirror-like structure. This study discusses the attitude necessary to read juvenile literature as a therapist confronting clients regarding aspects of psychotherapy. Finally, I discuss the implications of this paper.