

# Cerebral Palsy: Daily Life and Values

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The purpose of this study is to learn about the history of a person with Cerebral Palsy (CP) and to understand the details of their daily life up to now. This was done through a semi-structured interview. The reason for this initiative is that the author also has CP. AOISHIBANOKAI, which started the “Individual Living” movement, also inspired this initiative.

Pre-adolescence involves secondary characteristics relating to sexuality. When a person begins to experience these secondary characteristics, he or she begins to think about interpersonal relationships and the reason why he or she lives in this world. He or she wants to make deep interpersonal relationships, but are sometimes unable to do so. Thus, it is important for such people to be able to accept themselves. Then, in middle age, people start to become concerned about their age. This age involves what is known as “Crisis Theory” and “Peace Theory,” and this is when the mind is most complex. Post-middle age is the age at which a turn is taken toward becoming elderly—a time when anxiety can become heightened. However, these models do not work for disabled people; as such areas of study do not include them. It is possible that it is difficult to conceive of such ethical considerations for disabled people.

In this study, a man with Spastic CP was interviewed. He is 57. There were two turning points in his life. One was when a strong thought pattern about his position in society had come undone. Another was when he encountered K, a person who helped break his strong thought patterns. Core competence was achieved through the interpersonal relationship with K, and with his strong thought patterns about his position in society being broken, he thought of a new work style. This was something that he could do more than before, as he noticed that K could do things more smoothly than him. He noticed that he couldn't have done more than K. It is hypothesized that this is the reason why his strong thought patterns about his position in society were broken. This study was a simple case study, thus what other people with CP actively think about was not considered. It is necessary to increase sampling for CP to obtain stable results.