

University Students: Causal Relationships Regarding Over-adaptiveness and Views on Life and Death

ISHIHARA Akiko

Graduate School of Science for Human Services, Ritsumeikan University

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Being over-adaptive entails the danger of suicide. Suicide is related to negative views on life and death. However, the relationship between over-adaptiveness and views on life and death is not clear.

Against this backdrop, this study provides information on the causal relationships between over-adaptiveness and views on life and death. In this study, a questionnaire was given to 573 undergraduate university students. The results reveal causal relationships between over-adaptiveness and views on life and death. Over-adaptiveness does cause negative views on life and death. Therefore, support is urgently needed for people that are overly adaptive.