

Dressing like a woman discretely

Experiences of part-time Male crossdressers

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In Japan, there are men who dress like women in limited time and place. Their sex and gender identity is male. This study examines what they experience and gives a worthwhile meaning to it. The researcher conducts semi-structured interviews with five men. The present study revealed that they have four experiences as follows: 1) having the tight somatic sensation and visual changes; 2) feeling the tenseness of their bodies and getting nervous from being seen crossdressed by others; 3) building a relationship between men dressing like women from sharing the experiences; 4) spending any other time dressing like women. They can get the inner sense of a woman from these experiences. In addition, their personality, character, and appearance are not approved in their families or workplaces, but they are approved as gifts in the community of men who dress like women. The results show that they get nervous because dressing like women is not cordially received in the general public. At the same time, they regard dressing like women as secret pleasures.