

A Study on Yomiawase Experience of Picture Books in Adults

- Based on the narratives after yomiawase -

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If people think of picture books, it seems that the image that only women and children read is still strong. It especially seems that adult men do not read picture books. As one of the factors, it is conceivable that the importance of adults reading picture books is not generalized. I also felt this situation was a good opportunity. Under such circumstances, I learned about yomiawase—two individuals reading picture books out loud between each other—advocated by Dr. Rika Masuda, a clinical psychologist, and was also shocked by the effect of the yomiawase technique using picture books conducted by non-attending school students. Therefore, from the three things of picture books, adults, and yomiawase, this study aimed to clarify how adults actually experience the yomiawase and how their perceptions change. As a result of analyzing with Modified Grounded Theory Approach (M-GTA), it became clear that their perceptions will change to recognition of yomiawase such as collaborative work, what will lead to the future, and release of mind. In addition, these were recognitions specific to yomiawase and were shown as different recognition from yomikikase—reading picture books out loud to other people. From the above, it was suggested that through yomiawase keeping in mind the tension and burden of the listener, it is possible to obtain the above recognition different from yomikikase.