

# Confessing Parent' illness to others : Focusing on Children with Parents of Young onset Dementia

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This research aims to clarify what kind of difficulties and conflicts are involved in children who are open about having sick parents to others and examining case experiences case by case. The surveyed subjects were 3 people whose parents were diagnosed with juvenile dementia when they were under 18 years of age. A semistructured interview was conducted on three people, and each life story was documented. As a result, spontaneous talking about sick parents was rarely spoken, and even when talking about parents' illness they tried to avoid the topic. Also, various factors suggested they were hesitant to talk about their parents.

However, even though they were hesitant to speak they seemed to want to talk if the listener was understanding. From this study it is suggested that the difficulty of confessing parents' illnesses to other people is closely related to how to receive each person's illness, coping with living with a sick parent.