

Using the BKC Sports and Health Commons

The BKC Sports and Health Commons is a facility complex that undergraduate and graduate students, as well as faculty and staff can easily utilize. Please feel free to take full advantage of the facilities during the available times shown below. Note that some facilities may not be available if being used for curricular or extracurricular activities.

The facility complex may be used from Tuesday, October 11 to Monday, December 26, 2016 in accordance with the following policy. The policy for January 2017 and onwards will be announced later.

1. Facility Outline

Floor	Facility Name	Outline
1st Floor	Arena	2 courts each for basketball and volleyball, 6 courts for badminton, and 8 table-tennis tables
	Indoor pool	25m heated pool with 7 lanes
	Relax Commons	Space to relax, Cafe (scheduled to open in mid-October)
2nd Floor	Exercise Studio	80.89m ²
	Multi-purpose Room	91.41m ²
	Training Room	6 treadmills, 3 bikes, 2 stair climbers
	Meeting Room	54 person capacity

*Playing futsal in the Sports and Health Commons is prohibited.

2. Hours of Operation

Mon. – Sat. 9:00 - 21:10 (Building opens at 8:30 and closes at 21:20.)

Sun. & Holidays 9:00 - 19:10 (Building opens at 8:30 and closes at 19:20.)

3. How to Use

(1) Facilities available to extracurricular activity groups

① Facilities

Arena, Exercise Studio, Multi-purpose Room, Meeting Room

② Eligible groups

Extracurricular activity groups that are registered with the university

③ Availability

Available during the above Hours of Operation, with the exception of times when the

facilities are open for curricular and research activities or the public.

* To check availability for extracurricular activity groups, please ask a staff member at the reception desk on the 1st floor of the Sports and Health Commons.

④ Reservations

There are two methods for accepting reservations to use facilities, the Primary Method and the Secondary Method. For the Primary Method, groups applying to use a facility will be decided by lottery if we receive numerous applications. If there are still facilities available after the Primary Method application period, groups can apply using the Secondary Method. The Secondary Method operates on a first-come, first-served basis. You can use a facility for up to 2 periods in one day (1 period: 90 min) and 2 days in a week.

<Primary Method> *Groups will be decided by lottery if many apply.

Application Period	Target Period	Announcement
-October 5 (Wed) at 17:00	Oct. 11 (Tue) - Oct. 30 (Sun)	Oct. 7 (Fri)
Oct. 6 (Thu) - Oct. 20 (Thu) at 17:00	Oct. 31 (Mon) - Nov. 27 (Sun)	Oct. 24 (Mon)
Nov. 1 (Tue) - Nov. 18 (Fri) at 17:00	Nov. 28 (Mon) - Dec. 26 (Mon)	Nov. 21 (Mon)

<Secondary Method> *First-come, first-served basis

Date of Acceptance Start	Target Period
Oct. 10 (Mon) 10:00 -	Oct. 11 (Tue) - Oct. 30 (Sun)
Oct. 25 (Tue) 10:00 -	Oct. 31 (Mon) - Nov. 27 (Sun)
Nov. 22 (Tue) 10:00 -	Nov. 28 (Mon) - Dec. 26 (Mon)

⑤ Location and times for making reservations

Location: Sports and Health Commons 1F Reception Desk

Times: Mon. – Sat. 10:00 - 21:00

Sun. and Holidays 10:00 - 19:00

⑥ Conditions of use

- 1) In order to use the facility, you must wear indoor shoes.
- 2) If the facility is not used after a lapse of 30 minutes from the reserved time, the reservation is considered to be canceled.
- 3) For other conditions of use, please be sure to read the Ritsumeikan University BKC

Sports and Health Commons Facilities User Guide.

(2) Available facilities and times for students, graduate students, faculty and staff

① Facilities

Arena, Indoor pool, Relax Commons, Exercise Studio,
Multi-purpose Room, Training Room, and Meeting Room

② Availability

1) Relax Commons, Training Room

Mon. – Sat. 9:00 - 21:10 (Must leave the building by 21:20)

Sun. & Holidays 9:00 - 19:10 (Must leave the building by 19:20)

2) Arena, Exercise Studio, Multi-purpose Room, Meeting Room

	Mon	Tue	Wed	Thu	Fri
1st Period					
2nd Period					
Lunch Hour	Available				Available
3rd Period					
4th Period					
5th Period			Available		
6th Period					
7th Period					

3) Indoor pool *3 lanes out of 7 are available.

Wed. 10:40 - 21:10 (Must leave the building by 21:20)

③ Eligible persons

- 1) Regular students and graduate students who are enrolled in Ritsumeikan University.
- 2) Faculty and staff who are employed by The Ritsumeikan Trust

④ How to Use

Present your Student Identification Card or Faculty/Staff Identification Card and complete the required procedures at the reception desk on the 1st floor of the Sports and Health Commons.
(Reservations are not accepted)

⑤ Conditions of Use

- 1) In order to use the indoor pool or training room, you must take the orientation for the respective facility. Persons who attend an orientation will receive a BKC Sports and Health Commons permit. When using the facilities, please present the permit with your Student Identification Card or Faculty/Staff Identification Card.

If you have already taken the training room orientation and received a permit from the BKC Gym or the training room at Kinugasa Campus or OIC Campus, you do not have to take the orientation again. When using the training room, present the permit you received from the other campus/facility.

<Contact for orientation application and inquiries>

Indoor Pool: Reception desk on the 1st floor of the Sports and Health Commons

Training Room: BKC: Office on the 1st floor of the BKC Gym

Kinugasa: Reception desk at the Kinugasa Gym

OIC: Reception desk at the OIC Gym

- 2) In order for students or graduate students to use the indoor pool, they must receive their medical check-up for the year. (Confirmed by checking the back side of the Student Identification Card)
- 3) In order to use the facility, you must wear indoor shoes.
- 4) For other conditions of use, please be sure to read the Ritsumeikan University BKC Sports and Health Commons Facilities User Guide.

⑥ Others

- 1) The times when facilities are available to the public may be subject to change due to events.

4. Facility Tour

You can take a tour of the facilities during normal hours of operation.

If you would like to take a tour, please feel free to ask a staff member at the reception desk on the 1st floor.

5. Contact

Office of Student Affairs (BKC)

Weekdays: 9:30 - 17:00 (excluding Sat., Sun., and Japanese national holidays)

* Closed between 11:30 and 12:30

Tue: 12:30 - 17:00

TEL: 077-561-3917

* For inquiries regarding facility use by groups belonging to the Ritsumeikan Athletic Association, please use the following contact.

Office of Athletics and Sports Services

Weekdays: 9:30 - 17:00

(excluding Sat, Sun, and Japanese national holidays) *Closed 11:30 - 12:30

TEL: 077-561-3977