



*From **London** to **Tokyo** ~ the cutting edge research of Sport & Health*

Description

This seminar will be led by various speakers from Loughborough University, Ritsumeikan University and the Japan Sport Council, who are all at the forefront of research into sports and health. It will be followed by a drinks reception. If you are a researcher on sports science/health or simply enjoy sports, regardless of the level, and you want to know about the latest sport sciences/health methods and theory, as well as the best approaches to practical training, this seminar is the one for you!

This is also an officially recognised event of "Japan-UK Season of Culture 2019-20".

Date Friday, 22 February 2019

Venue The Embassy of Japan, 101-104 Piccadilly, London W1J 7JT

Timetable

13:30 Doors open

14:00 Opening address

14:05 - 14:40 **Professor Akinori Nagano** (Ritsumeikan University), "Motion analysis and computer simulation of whole-body movements: recent developments and findings"

14:40 - 15:15 **Dr Hiroki Ozaki** (Japan Institute of Sports Sciences/Japan Sport Council), "Developing and maintaining elite athletes' health at the Japan High Performance Sports Center"

15:15 - 15:50 **Professor Jonathan Folland** (Loughborough University), "Skeletal muscle morphology in relation to physical performance during maximal 'all-out' tasks and implications for sports injury"

15:50- 15:55 Closing address

16:00 - 17:00 Drinks Reception



**This seminar is in English. The timings for all talks include a Q&A for the last 5 min. Timetable/speaker/title, etc are subject to change.*

This seminar is free-of-charge but **you MUST register in advance** [here](https://www.eventbrite.co.uk/e/from-london-to-tokyo-the-cutting-edge-research-of-sport-health-tickets-56124161879):
<https://www.eventbrite.co.uk/e/from-london-to-tokyo-the-cutting-edge-research-of-sport-health-tickets-56124161879>

You also **need to bring your photo ID** (e.g. passport, driving licence, biometric residence card) to enter the embassy, so please do not forget to bring it!

Contact: london@st.ritsumei.ac.jp

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