

# What are the Depths of Human Beings?

## Using the “Persona” of C.G. Jung

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In this thesis, I try to conduct research on the deep psyche of human beings. In order to study such a big and difficult problem as “What are the depths of human beings?”, I use the “Persona” of C.G. Jung as one of the “archetypes” (the collective unconsciousness).

C.G. Jung discovered not only personal unconsciousness but also collective unconsciousness, or the archetype at the depths of our hearts. At the same time, he thought that the “Persona” was a defense mechanism of the ego revolting against the external world.

According to Jung’s psychology, the “Persona” is the important concept of the process of individualization (in other words the “Self”), which is the goal or aim of the entire life of a human being.

I build up a hypothesis about the life cycle of a human being, and I indicate that it is very difficult to adapt “Persona” to the harsh reality.

My conclusion is as follows. A human being should try to realize communication again and again to the collective unconsciousness (or the archetypes) or the “Persona,” which are the real depths of a human being. Or, he should discover the process of individualization (the “Self”).