

The Internal Workings of Indecision

– Thinking things through in young people living in a post-moratorium generation –

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There are people who recognize things and say, “I have a personality that results in decision-making being difficult for me.” It is true that everyone has the experience of feeling lost or worrying when they must decide something. However, it is also true that there are people who care about improving this inability to decide. In recent years, the inability to make decisions is almost a fashionable talking point, and is mentioned critically by people who feel that they “can’t decide things.” Also, people who are unable to make decisions accept this as a part of their personality, and they then stop thinking deeply about it. Against this backdrop, there is a certain amount of difficulty in living when having to “read between the lines” in society. The inability to make decisions is not just a problem of the younger generation.

The aim of this research is thus to explore people who can’t decide on their own point of view, what to think about, what the problems are, how to convince themselves, or the facts surrounding the inability to make decisions, when young people simply can’t decide on things. In this study, those with the inability to make decisions about changes in their way of thinking were interviewed based on the personality of people who know how to “read between the lines.” In this study, the decision-making process is described for daily events in everyday life, as unravelling these events would be a healthy process.

Interviews show that the ability to make decisions is an important part of various methodologies and thinking, however, we shouldn’t think too critically about this. People who have an inability to make decisions have a positive impression about this setback, and when facing a multitude of choices, they wait for new choices to form as they extend making a decision. Also, the interviews show that some people feel that the inability to make decisions is a display of both honesty and fortitude.

On the other hand, it has been suggested that those with the inability to make decisions cannot make assertions by reading between the lines, and they thus lose out on the assertion itself. It is also necessary that young people themselves realize that adverse effects can be caused by reading between the lines too much, as doing so can result in ambiguity. Future studies of people lacking the ability to make decisions should be discussed in terms of both people lacking the ability and those with it.