

Health instruction support for the persons living with sign

Based on dialogues concerning health coming from life

KAWANO Eri

Graduate School of Science for Human Services, Ritsumeikan University

Key words: sign, dialogues, health instruction

The reason for the low executing rate of health instruction support system has been ascribed to the low level of awareness for prevention. However, the author has perceived to be reasons the factors related to the clients, policies and the health instructors themselves.

This study explores the ideal style of health instruction support system on the basis of personal life via sign. This study focuses on the importance of dialogues focusing on the personal life and view on health/wellness.

Interviews are conducted for six persons, which are followed by the categorization of the concepts extracted from the interview data.

The four categories consisting of 21 concepts were proposed. Results show: ①the clients adopt the predominant policies for health with modification fitting the style of themselves, ② the significance underlying a variety of responses at the scene of health instruction could be understood via the daily life of the clients, ③ overcoming experience could lead to the unique status of each client including toughness and flexibility, ④a variety of sign linking to the core of the client could be present, and the understanding of their consistency could lead to that of the client as a whole and could provide respect and tolerance on the side of instructors, which results in a good relationship of trust between the clients and instructors.

In conclusion, the health/wellness each client expects should be detected through a variety of sign linking to his/her core and view on health/wellness, where dialogues, understanding, trust, and cooperation with each other should be essential in each scene of health instruction support system.