

The Care Process of Home-Visitors for Mothers in child-rearing

-Focusing on changes to each other by dialogues
between home-visitors and mothers-

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Abstract

The purpose of this study is to clarify the care process of home-visitors for mothers in child-rearing focusing on changes to each other, and to discuss the possibility of connecting the prevention of child abuse and childrearing support. Semi-structured interviews were conducted with 7 home visitors, asking them to talk about experiences of the home-visit program. The data were analyzed by Modified Grounded Theory Approach. The results show that they start their work showing mothers both sides of “Expert” and “Ordinary person” and build trust relationships with the mothers. Home-visitors value mother’s independence and help them indirectly to extend their strengths and possibilities. Though the care process sometimes does not go smoothly, they keep on listening to them and flexibly change their points of view as a supporter. The mothers ask home-visitors about the way of childcare, complain about the people around them, and talk about their upbringings. They grow their confidence and raise children by themselves naturally. The mothers and home-visitors change and support each other. This study proposes that the care process of home-visitors can maintain the viewpoint of childrearing support in the measures for preventing child abuse inclining to risk-management, and connect them to each other.