Conditions and Prospects of Improvisation Workshops

-Based on interview surveys to workshop facilitators-

Graduate School of Science for Human Services, Ritsumeikan University

Key words: improvisation workshop, facilitator, failure

IKUTA Shoko

This study investigates actual situations of improvisation workshops targeted to the general public and ideas and considerations to make good improvisation workshops based on interview surveys. The interview surveys are conducted on three facilitators of the improvisation workshops. The interview survey data is analyzed using Modified Grounded Theory Approach. The results show changes of participants in the improvisation workshops and processes of considerations and how to relate to participants with the changes. Participants will be able to express their own ways by experiencing failures to meet their new selves. The improvisation workshops need to serve as a space to be able to fail in easily for expression. This study reveals various ideas and considerations by the facilitators to realize such a space.