

# A Discussion of the Association between the Interpersonal Relationships and Interpersonal Orientation of International Students

Focusing on the process of cross-cultural adaptation

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This study examines the associations between the formation of interpersonal relationships and interpersonal orientation in cross-cultural adaptation. Semi-structured interviews were conducted with five international students (male=2, female=3), and the data is analyzed via the Modified Grounded Theory Approach.

The results show four findings. First, strong interpersonal orientation hinders the formation of interpersonal relationships. Secondly, interpersonal orientation decreases gradually when studying abroad. Thirdly, international students exhibit two types of attitudes regarding interpersonal relationships. Finally, international students view interpersonal relationships regarding both support and burden.

These findings indicate the necessity to avoid high interpersonal orientation, especially at the start of studying abroad, and to have different goals when forming relationships with others.