Describing and analysis of disaster experience at

great East Japan Earth quake.

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This study examines what kind of disaster experience the suffers had at the inland area of Miyagi Prefecture of the Great East Japan Earthquake. The author, who is also the sufferers from the Great East Japan Earthquake, used "In-Depth Talking" with three friends of the author. This study analyzed and described using the Takashi Kujiraoka's case description method. As a result, the dialogue changes from one that has no sense of the disaster to one with awareness of the feeling of the disaster. In addition, no sense of the disaster is affected by the image of the disaster made by information, normalcy bias, and diversity of the afflicted disaster that we have heard from the disaster area. This study proposes that there is a possibility that the talk of the disaster experiences can play a therapeutic role, and moreover, we must consider not compares disaster experiences more than usual .Additionally, this study showed the importance of turning my attention as a researcher to the disaster experience at the inland area of Miyagi Prefecture.