

# New, Easy to Read Food Labels!

## Immediately see commonly restricted and allergenic ingredients.

We hope that this change will allow more people dine worry-free.  
Ingredients and cooking methods are indicated by the checked boxes.  
Our cafeteria strives to meet the dietary needs of our diverse student body.

Boiled chicken and vegetables salad

### 蒸し鶏サラダ

MUSHI DORI SARADA



組価 **¥172**  
(本体価格 ¥160) (税額 ¥12)

赤  
0.4点

緑  
0.5点

黄  
0.7点

アレルギー、原産地等最新の栄養価情報はQRコードでご確認ください

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エネルギー: 129kcal 塩分: 1.2g 野菜量: 100g タンパク質: 10.1g カルシウム: 50mg

食材中のアレルギー

Egg 卵

Wheat 小麦

Peanut 落花生

Soybean 大豆

Chicken 鶏肉

Apple アップル

Sesame コマ

Animal	
<input type="checkbox"/>	Beef
<input type="checkbox"/>	Pork
<input checked="" type="checkbox"/>	Chicken
<input type="checkbox"/>	Seafood
<input type="checkbox"/>	Egg
<input type="checkbox"/>	No animal
Alcohol	
<input type="checkbox"/>	Used
<input checked="" type="checkbox"/>	Eveaporated
<input type="checkbox"/>	Unused
Cooking Oil	
<input checked="" type="checkbox"/>	Separated from pork
<input type="checkbox"/>	Unseparated from pork
<input type="checkbox"/>	Unused
Tools	
<input type="checkbox"/>	Separated
<input checked="" type="checkbox"/>	Not separated

- ☐ **Animal** ..... Indicates food containing animal products.
- ☐ **Alcohol** ..... Indicates food containing alcohol.
- ☐ **Cooking oil** ..... Indicates whether or not cooking oil is shared with pork.

Unseparated...Indicates food prepared with oil shared with pork.

Separated...Indicates food that has been prepared with oil that is NOT shared with pork.

- ☐ **Tools\*** ..... Indicates whether or not cooking utensils (tools) have come into contact with pork.

Notseparated...Food may have been prepared with the same utensils used to prepare pork.

Separated...Food has been prepared with cooking utensils that have NOT come into contact with pork. Food has been completely separated from pork.

\*Tools include: Dishes, tongs, ladles, knives, silverware, bowls, sieves, cutting boards, food storage area, etc.

From May 11, 2015 the cafeteria will begin offering soy meat products on the menu! Soy meat products are healthy meat alternatives made from soybeans. Please give them a try!

諒友館食堂

