

To those who want to make an appointment for counseling

We are closed during college winter holidays.

We cannot reply to your mail from December 26 to January 5.

If you cannot wait, emergency telephone counseling is available at

☆ TELL Lifeline: (03)-5774-0992

(English only,

9 am to 11 pm Monday-Thursday, and 9 am to 2 am Friday-Sunday)

<https://telljp.com/lifeline/>

☆ Helpline for foreign languages – 外国語による相談 0120-279-338

<https://www.since2011.net/yorisoi/n2/>

(We attach other places for your supports in Japanese.)

<http://www.ritsumei.ac.jp/file.jsp?id=480713>