



Fall 2023

New Student Orientation Student Life Guidance

% The information is as of August 2023. As it is subject to change, please be sure to check each website for details. ※

Office of Student Affairs



Part 1:

For your successful student life

I. Extracurricular Activities

II. How to find Clubs & Circles matching your interests

III. Various Services and Facilities of Ritsumeikan University (RU) Commitment

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Challenges

I. Extracurricular Activities



RI. How to find Clubs & Circles matching your interests





There will also be "New Students Welcome Program" by senior students.



http://festival.ritsumei.club/welcome/

If you are interested, check it out by: ① Contacting via SNS ② Going to where the activity is held.

Autumn Welcome Festival 2023

9/26(Tue.) ~ 9/29(Fri.) 12:10-13:00, 14:30-17:00 @KIC / OIC

Are you interested in joining clubs/circles? Come visit the Autumn Welcome Festival! You can learn more about clubs/circles.

The Global Supporters will be there to support you find/communicate with clubs/circle members.

For more information about the event, check the flyer or contact us via <u>ritsglobalpromo@gmail.com</u> !



Ritsumeikan University (RU)

For details, see the following URL.

Inter-Campus Transportation:

RU operates a shuttle bus service connecting our three campuses to support student activities.

A shuttle bus also stops at JR and private railway stations on weekdays after 6:00 p.m. on its schedule, making it convenient for students to use when returning home.

https://www.ritsumei.ac.jp/infostudents/shuttlebus/

Training Room

 Machines and equipment are available for use by students from all campuses
 On-site trainers are here to help

Good for athletes and dieters!

• Those who wish to use the training room must first participate in a training seminar, after which a gym card will be issued.

BKC Sports and Health Commons

•A new sports facility for student health •Complete with swimming pool, gymnasium, aerobic training rooms and more •Classes and events held

https://www.ritsumei.ac.jp/lifecareer/activity/facility/bkc-shc/









For a Safe and Secure Student Life

Safety & Security

- I. Lowering the Age of Adulthood to 18
- II. Various crimes and malicious targeting of college students <dangerous solicitation, marketing scams, etc.>
- **III.Trouble caused by SNS, smartphones, etc.**
- IV. Dangers surrounding college students

 commuting, daily-life, part-time jobs, alcohol>
- V. Ritsumeikan University Rules
- **VI. Support Services**

I. Lowering the Age of Adulthood to 18 ~ From April 1, 2022 ~

Drinking, smoking and gambling such as betting on horse and bicycle races, <u>are not allowed for those under 20</u> <u>years of age</u>, even though the age of adulthood is now 18.

• Drinking alcohol under the age of 20, chugging alcoholic beverages, forcing someone to drink or drink driving are all "<u>Criminal acts</u>". Beware of Alcohol Harassment!

•Drinking large amounts of alcohol (or making others drink) can also put a person at risk of death from acute alcohol poisoning. *X*If you feel you are in danger, do not hesitate to **call an ambulance (119)**.

•Never drink and drive! Not just yourself, but any action that leads to others drink driving is prohibited! (you may face criminal charges!) This applies to not just motor vehicles and motorbikes but **also bicycles!**



R I. Various Crimes and Malicious Targeting of College Students

Seware of recruitment by dangerous cult groups

Dangerous solicitation by cult groups, etc. <Characteristics of cult groups>

- 1. They **limit individual thought and action.** (Control and restrict your daily life)
- 2. They mandate participation in and propagation of solicitation and sales of goods
- 3. They make you participate in **antisocial activities such as vandalism and violence**

<Cult groups are targeting students>

Cult groups cleverly hide the purpose of their real activities and the group's name to recruit you. \blacktriangleright Some cases of kind senior/classmate disguise, getting information from SNS #s, etc.

<What you should do when you encounter them>

- 1. Say "No" clearly, avoiding ambiguous attitudes or words
- 2. Do not disclose your personal information
- 3. Consult with your guardian and/or staff of the student affairs office immediately



R II. Various Crimes and Malicious Targeting of College Students

<Dangerous solicitation>

Prevention of illicit drug abuse

Recommendations such as "helps recover fatigue," "helps clear your mind," "helps you lose weight" for illegal drugs

are <u>all wrong!</u>

Getting involved in illegal drugs is not only a crime, but can cause serious harm to your body and mind for the rest of your life. Possession of illegal drugs will end up burdening you with severe social sanctions and ruin your life. Stay away from illegal and dangerous drugs no matter what!

Drugs destroy life, physically and mentally! Drugs destroy students' lives, families, relationships, and society! After a brief high, nothing awaits you but severe punishment!

The use, possession, sale, and distribution of illegal drugs are all criminal acts under Japanese law and are severely punished.

Overseas smuggling and online import is also illegal. It does not matter if the drug is permitted in another country. When in Japan, you must follow 10 Japanese laws.

RI. Trouble caused by SNS

Do you know the danger hidden in SNS?

SNS (Social Networking Services) such as Facebook, Twitter, LINE, Instagram are very useful and convenient tools.

- However, if you think that it is okay to write anything because it is "anonymous" or "only open to limited friends," YOU ARE WRONG!!!
- Stop and think for a moment before posting something over SNS.
- Poor judgement and carelessness
- may lead to irreparable harm to you,
- your friends, and family.
- Be aware of the dangers and use SNS with caution.

R IV. Dangers surrounding college students <Commuting>

Obey traffic safety rules and laws

Bicycle commuters must complete anti-theft registration and get liability insurance

Attend the "Bike Riding Safety Lecture" (required). Commuting by motorcycle is not recommended, and commuting by car is prohibited.

In some cases, they have violated the law (fines), had accidents that forced them to quit the university, and changed their lives.

In case you have a traffic accident :

<u>Call 110</u> to report the accident. If injured, <u>call 119</u> for an ambulance. Contact your insurance company.

Consult with either the International Center, your Administrative Office, or the Office of Student Affairs.

Your neighborhood and the commute to campus may not be safe!

Incidents such as sexual harassment, stalking, molesting are on the rise.

If you are harmed, please do not hesitate to get help! Office of Student Affairs • Student Support Room • Medical Service Center

N. Dangers surrounding college students Common Stolen Items:

Common Stolen Items: Wallet, PC, iPod, Smartphone, Keys, Bicycle, Shoes

Theft and robbery are common!! The campus is not safe, especially the library, multi-media room, and bike parking areas, which anyone can access. Protect your valuables.

Keep your valuables with you

Do not leave baggage on your seat, even for a moment
 When you use a gym locker, lock it properly

□ <u>Bicycles and motorcycles should be double locked</u>

Sexual assault can be committed by a stranger, an acquaintance, a friend, a date… by anyone.

 \Box Go places in groups, and avoid walking alone on and off campus, especially at night.

 \Box Be sure to limit your alcohol intake and watch your drinks at all times.

If you are harmed, please do not hesitate to get help! Office of Student Affairs • Student Support Room • Medical Service Center





IV. Dangers surrounding college students <Part-time jobs>

(Only for students who have a work permit)

Common troubles at part-time jobs

"I thought I found a good job from an ad in a well-know magazine (or website), but the work and wages were very different from what was advertised." "The employer won't let me quit," etc....

Important points to check before signing a contract:

- 1) Length of the contract period
- ② The rules of the contract renewal
- ③ Place and content of your work
- ④ Hours, breaks, and days off of your work
- 5 Wage payment method

V. Ritsumeikan University (RU) Rules

< RU Student Disciplinary Regulations (Excerpt)>

Acts subject to disciplinary actions

- Acts that disturb social order (criminal acts)
- 2. Harassment
- 3. Acts against information ethics
- 4. Acts against academic ethics
- 5. Acts that infringe on the academic and research rights of students and faculty and/or interfere with administration of the university.
- 6. Cheating or disrupting of examinations, etc.
- Acts that violate regulations and matters based on regulations the university set forth to be observed by students.
- 8. Other acts that are contrary to students' obligations

For more details, see the

TIPS ON CAMPUS LIFE FOR STUDENTS 2023

Process Flow

- ① Occurrence of a misconduct or criminal activity.
- ② Investigation in each section, college, or department.
- ③ Interview and guidance at department.
- Provide educational guidance based on preparation of reflection paper. (student support will be also provided if it is necessary)
- ④ Preparation of disciplinary draft by the department.
- (5) Coordination by Student Affairs Conference.
- ⁽⁶⁾ Opportunities for defense.
- ⑦ Deliberation at the Faculty Council and Creating a petition.
- ⁽⁸⁾Final determination by the president. Execution of
 - disciplinary actions
 - Notification to the student and guardians
 - Announcement of the actions
- (9) Continuing educational guidance by the department.



https://www.ritsumei.ac.jp/ file.jsp?id=493008 15

V. Ritsumeikan University (RU) Rules **<No Smoking on campus>**

No Smoking on campus except in designated smoking areas
 Smoking outside of the designated areas
 <u>is a violation of the law!!</u>

<Be aware of the danger caused by second-hand smoke>

NSOC is considerate and supportive for the 97% of campus stakeholders who are non-smokers, and is asking the other 3% for cooperation in minding their manners and understanding the no-smoking policy.

<Don't smoke to begin with>

The risk of death from lung cancer is 6 times greater for smokers! Smoking is the No.1 factor to shorten life expectancy!

The Medical Service Center can help you quit. Inquire for help.

For the safety of students, faculty and staffs, the Designated Smoking Areas (officially "Smoking Cessation Support Areas") are currently closed. 16

VI. Support Services Student Support Room(SSR) > Interpersonal relationship issues Depression or Anxiety/Stress Academic / Career related concerns Homesickness Difficulties in adjusting

SSR is here to help you find a solution.

- All certified and experienced professional counselors.
- Available in Japanese and English.
- All counseling information is kept strictly confidential.

For more information or making an appointment, please refer to our website.

URL: <u>https://www.ritsumei.ac.jp/ssr/en/</u>

SSR is located in the Office of Student Affairs at each campus:[KIC] Kenshinkan 2F[BKC] Central Arc 1F[OIC] A-Bldg.1F (AS Office)TEL 075-465-8174TEL 077-561-3952TEL 072-665-2130

Room

学生サポートルームのごあんない Student Support Room Services Guide

R VI. Support Services **Arassment Prevention Committees** If you feel that you are being harassed:

Do not think you have to go through it alone. Please feel free to contact the harassment advisers, who provide compassionate support that responds to your needs.

Academic Power Sexual

Harassment

For details, see the following URL:

https://www.ritsumei.ac.jp/mng/gl/jinji/harass-eng/





VI. Support Services <General Guide for Student Support> (Support Coordinator of the Office of Student Affairs)

I am troubled by something, but don't know who I should talk to... You can come to see the

Support Coordinator of the Office of Student Affairs

https://www.ritsumei.ac.jp/drc/sougou/en/detail/



R ^{立余館大学} 学生相談の総合案内



The Support Coordinator will listen to your concerns and guide you to the most appropriate support on or off campus.



The Office of Student Affairs at Kinugasa Campus is located on the 2nd Floor of Kenshinkan (KE). The Office of Student Affairs at BKC is located on the 1st Floor of Central Arc.
 The Office of Student Affairs at OIC is located on the South end of the 1st Floor of Building A (AS).

Please visit us whenever you need help or want to try a challenging activity.

Thank you for your attention!

