

Student Support Room
presents
Maniac Presentation

Vietnamese culture **FROM ANOTHER PERSPECTIVE** the martial arts of *Vovinam and Vocotruyen*

**Wednesday,
November 6th, 2024**

16:30 - 17:30

**Presenter:
Lac Nguyen**

Present in over 70 countries with millions of practitioners, Vovinam and Vocotruyen are integral to Vietnamese culture. These traditional martial arts transcend combat, embodying the spirit and heritage of Vietnam. Vovinam emphasizes the training of both body and mind, while Vocotruyen showcases techniques and philosophies handed down through generations. This presentation will highlight their significance in Vietnamese culture and their evolution over time.



Zoom URL



Meeting ID:
981 6289 3481

Passcode:
910207

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