

## Student Support Services

### -Talking to someone is a big step toward a solution-

It is not uncommon to face various types of problems in your college life. Such problems might include: experiencing difficulty participating in classes, finding it hard to keep a balance between study and extracurricular activities or having difficulty with interpersonal relationships. There are many places on campus where you can get help and receive consultation. If you are not sure where to go, you can visit the Office of Student Affairs on your campus to meet a student support coordinator who will listen to your concerns very carefully and guide you to the appropriate support resources.

URL <https://www.ritsumeai.ac.jp/drc/sougou/en/>



I am troubled by something... but I don't know who I should talk to.



You can come to the Office of Student Affairs to talk to me, a student support coordinator. I will listen to your concerns and guide you to the appropriate support on or off campus.



## Medical Service Center

Where can I find help?



We provide consultation and medical services to students.  
You are always welcome:

- When you have any health problems
- When you need first aid treatment
- When you want to consult about your physical or mental problems
- When you want to quit smoking
- When you want information about proper hospitals near the campus

No smoking on campus except in the designated smoking area. Smoking on streets around the campus is also banned by ordinance. Feel free to ask for help if you wish to quit smoking.

A "fever clinic" has been established to deal with infectious diseases. For details, please visit the Medical Service Center website.

### Medical Service Center

Kinugasa: 1st Floor, Shigakukan TEL.075-465-8232  
BKC: 1st Floor, West Wing TEL.077-561-2635  
OIC: 1st Floor South, Building H TEL.072-665-2110



URL <https://en.ritsumeai.ac.jp/health/>

## Student Support Room

Where can I find help?



I'm worried that my student life is not going how I planned. I am having trouble getting along with my friends. I'm unsure about the future... Who can I talk to?

- Access counselling to tackle your problems and concerns, so you can lead the kind of student life you want.
- Matters discussed in counselling sessions are kept strictly confidential.
- Attend relaxation and exchange events, and access online information on topics such as what you can do to improve your own mental health.

Make a reservation here

### Student Support Room (inside the Office of Student Affairs)

Kinugasa: 2nd Floor, Kenshinkan TEL. 075-465-8174 Mail [ssrkik@st.ritsumeai.ac.jp](mailto:ssrkik@st.ritsumeai.ac.jp)  
BKC: 1st Floor, Central Arc TEL. 077-561-3952 Mail [ssrbkc@st.ritsumeai.ac.jp](mailto:ssrbkc@st.ritsumeai.ac.jp)  
OIC: 1st Floor, Building A (AS Office) TEL. 072-665-2130 Mail [o-go-2@st.ritsumeai.ac.jp](mailto:o-go-2@st.ritsumeai.ac.jp)

URL <https://www.ritsumeai.ac.jp/ssr/en/#e4-01>



## The Disability Resource Center

Where can I find help?



### Support for students with disabilities

Students are offered support in accordance with the Ritsumeikan University Policy on Support for Students with Disabilities, with the aim of "creating an inclusive university that supports students with disabilities."

- Eligibility for support  
Support is offered to students experiencing significant limitations in their academic pursuits due to physical disabilities such as impairments to vision, hearing or mobility, developmental disabilities, intellectual disabilities, and intractable diseases, who request support and are considered in need.
- Scope of support
  - ① Essential support for academic accommodation within the university.
  - ② Additional student requested support based on need and individual consultation.
- The Disability Resource Center holds various events and recruits student staff on an ongoing basis to support students with disabilities. If you would like to get involved, please contact the Disability Resource Center.
- You can receive consultation without an official diagnosis.

### Disability Resource Center

- Consultation for students with physical disabilities: 1st Floor, Kenshinkan, Kinugasa Campus TEL.075-465-8343  
Mail [drc@st.ritsumeai.ac.jp](mailto:drc@st.ritsumeai.ac.jp)
- Consultation for students with mental and developmental disabilities (or the possibility thereof)  
Kinugasa: 1st Floor, Kenshinkan TEL.075-465-8174 Mail [sns-k@st.ritsumeai.ac.jp](mailto:sns-k@st.ritsumeai.ac.jp)  
BKC: 1st Floor, Central Arc TEL.077-561-3951 Mail [sns-b@st.ritsumeai.ac.jp](mailto:sns-b@st.ritsumeai.ac.jp)  
OIC: 1st Floor, Building A (AS Office) TEL.072-665-2130 Mail [sns-oic@st.ritsumeai.ac.jp](mailto:sns-oic@st.ritsumeai.ac.jp)

URL <https://www.ritsumeai.ac.jp/drc/en/>

- Suzaku Campus graduate students should contact the Office of Student Affairs at Kinugasa Campus.

