

【Announcement】

To JASSO Scholarship Recipients

The SSP (Student Success Program) supports students by fostering each individual student's learning autonomy in both classes and extracurricular activities in order for them to grow to their full potential as students. We offer a variety of support and advice, including tools to help you with your studies at university, seminars, on-demand videos, tips for university life from SSP peer supporters, and individual consultations with SSP coordinators. For more information, please see the leaflet below and the SSP website.

September 2025

Office of Student Affairs, Ritsumeikan University

How to make appointments for one-on-one sessions

Step 1

Ask for an appointment with SSP coordinators by telephone, e-mail, or personally visiting the office.

Step 2

Identify your strengths and weaknesses by acquiring appropriate skills and techniques through discussions with SSP coordinators placed in every campus.

Step 3

Coordinators provide students with the necessary assistance to resolve difficulties and connect them with relevant resources on campus.

Let us use the SSP support tools!

Students can find support tools for study planning and self-management on the SSP homepage and at the reception counter in the office of Student Affairs. Apply these support tools to make your student life more fulfilling. Please check the SSP homepage for further information.

<http://www.ritsumei.ac.jp/ssp/english/>

Open hours at SSP ---- Mon-Fri 9.30-17.00 *The SSP is open during the working hours of the office of Student Affairs

Kinugasa Campus Kinugasa Office of Student Affairs, Kenshinkan Hall 2F TEL:075-405-8174	Biwako Kusatsu Campus (BKC) BKC Office of Student Affairs, Central Arc 1F TEL:077-551-3951	Osaka Ibaraki Campus (OIC) OIC Office of Student Affairs, Building A 1F, AS office TEL:072-065-2130
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Contact via e-mail at ▶ ssp1@st.ritsumei.ac.jp

RITSUMEIKAN

Your concerns can be resolved and demands can be met by the SSP program

Changes now lead to changes tomorrow Become the person you aspire to be with SSP

I want to better handle the educational differences between Japan and my home country

I want to be more efficient in performing various tasks

There are many things I want to do but don't know where to begin

I want my campus life to become more manageable and productive

I want to make good use of the various facilities and club activities offered by the university

I want to identify my strengths and weaknesses

How can I learn to balance my studies and a part-time job?

What is SSP?

The Student Success Program (SSP) supports and guides students, helps them to foster the following skills within themselves, and aims to develop their capabilities as independent and self-directed learners.

Goal setting and planning
The ability to design (identify, plan, and prioritize) learning to achieve established self-goals

Identifying the self through multiple aspects
The aptitude of identifying one's characteristics and conditions through multiple perspectives

Self-reflection
The capability of self-reflection and the ability to adapt one's performance to the circumstances so that the next stage can be attained

Performance
The ability to implement plans autonomously by asking others for the requisite support

Optimized advising by SSP coordinators

SSP coordinators assist students by offering ideas and techniques they can utilize to obtain the abilities to help them achieve their individual goals.

SSP support programs

SSP organizes sessions for both large and peer assisted session, as well as one-on-one interventions. Students can use any of these services depending on their needs.

Group
SSP seminar

- Support for learning autonomy
 - Time management
 - How to make a to-do list
 - Note taking
 - How to write an academic report
 - Preparation for examinations
- Support for personal growth
 - Leadership
 - Group management
 - Team-building
 - Career development

Peer assisted session
Consultation hours by SSP peer supporters

One-on-one
One-on-one session, self-assessment of learning practices


Self check

SSP peer supporters
Peer supporters are from students taking the initiative to learn self-actively and to help others. The SSP peer supporters form the support group in this framework.

■ SSP Seminar Video Lineup

Student Success Program News

Our on-demand seminars and materials are designed to help you develop the skills you need to succeed and make the most of your university experience. Please feel free to take advantage of everything we offer.



SSP Seminar Video Lineup

You can change the playback speed for all the videos! Feel free to increase the playback speed to skim the videos and get the point!

“Find the best way to cope with stress!”
Gain the Essential Skills for Student Success Needed from Freshman Year to Graduation

“Use the SSP Study Plan Sheet”
Gain the Skills to Learn at University!
① Gathering and Organizing Information

“Try making a To Do List”
Gain the Skills to Learn at University!
② Clarifying What Needs to Be Done

“Decide a Weekly Time Schedule”
Gain the Skills to Learn at University!
③ Time Management

“Let’s learn how to set your goal”
Goal Setting for a Successful Student Life

“Let’s decrease stress and increase motivation”
Gain the Skills to Finish Assignments

“Let’s work out everything you have to do before the end of the semester”
Prepare for End of Semester Assessment

“Reflect on the previous semester & make strategies for the new semester”
Getting Ready for the New Semester

Click here or scan the QR code to watch the on-demand seminar


You can also download the materials for each seminar
<https://secure.ritsumei.ac.jp/students/ssp/english/support.html/>

What SSP Offers

- Access various tools (Study Plan Sheet, To Do List, Time Management Sheet,
- Individual consultations
- On-Demand videos
- Consultations with peer supporters

SSP Website – What SSP Offers
SSP Website: <https://secure.ritsumei.ac.jp/students/ssp/english/support.html/>
Website Q/L Ritsumeikan SSP]→SSP Website (English)→What SSP Offers

SSP X (Twitter)
We provide timely and useful information for your student life!
<https://twitter.com/RitsumeikanSSP>



SSP
Student Success Program

■ SSP Social Media and Official website

If you would like to have an individual consultation, please send the "Appointment Request Form" on this page: <https://www.ritsumei.ac.jp/ssp/english/howto.html/>

Contact: Student Success Program (SSP), Office of Student Affairs

Email: ssp1@st.ritsumei.ac.jp