



Student Support Room

We are closed

Friday, December 26

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Monday, January 5

We will be open on Tuesday, January 6th.

Counseling requests via form or email will be handled starting January 6th (Tuesday).



In urgent cases, the following emergency telephone counseling is available.

- TELL Lifeline: (03)-5774-0992 English only.
Saturday 09:00 – Monday 23:00 (continuous service),
Tuesday – Thursday 09:00 – 23:00, and Friday 09:00 – 02:00
<https://telljp.com/lifeline/>
- Helpline for foreign languages: 0120-279-338 Available in 10 languages.
10:00 am to 10:00 pm every day.
[Helpline for foreign languages – 般社団法人 社会的包摂サポートセンター \(since2011.net\)](https://since2011.net/)
- See the file below for clinics/hospitals/hotlines available in Japanese:
<https://www.ritsumei.ac.jp/ssr/common/file/consultation-counter.pdf>



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<https://www.ritsumei.ac.jp/ssr/en/>