

Arrangements for AY2020 Annual Faculty and Staff Medical Examination

Ritsumeikan University will determine whether the annual faculty and staff medical examination for this academic year can take place on campus based on the business continuity plan (BCP) levels established by the Ritsumeikan Trust Crisis Response Task Force. The on-campus medical examination can take place if the BCP level is 2 or below. However, even in that case, not all faculty and staff members can undergo the examination on campus because the number of available appointments will be reduced by 30% to prevent the conditions of so-called three Cs (closed spaces, crowded places, and close-contact settings). The University has thus arranged an alternative that allows faculty and staff members to take the examination at off-campus affiliate medical institutions as explained below. Everyone must undergo the off-campus examination if the on-campus examination cannot take place. Appointments can be made easily with off-campus medical institutions at this time, so please go ahead with the off-campus examination without waiting for fall to come. The University will ensure that the time spent on taking the off-campus examination is counted as working hours. The University also recommends faculty and staff members aged 35 and older to undergo a complete medical checkup known as *Ningen Dock*, especially if they did not do so during the previous academic year. They can receive subsidies for the complete medical checkup fees from the Ritsumeikan Trust and the Promotion and Mutual Aid Corporation for Private Schools of Japan every two years. Faculty and staff members can substitute their complete medical checkup results for the annual medical examination results by submitting the former to the Medical Service Center. If they take new employee, pre-travel, or post-travel medical examinations in or after April 2020, they can also substitute the results of those examinations for the annual medical examination results.

1. When should I take the examination at an off-campus medical institution?

Please take the examination at such medical institution between August 1, 2020 and **February 28, 2021**.

2. Where can I take the examination?

You can take the examination at an affiliate (cost will be charged to Ritsumeikan) or other medical institution (cost will be refunded by submitting a receipt after paying for it once). You can find steps to follow for the examination at the affiliate medical institutions on pages 2-8 and at other institutions on page 9.

3. Are there differences in items examined?

The examination will be conducted on legally mandated items. However, how to approach those items slightly differs depending on the affiliate medical institution. Please check details on the subsequent pages. Please note that an optional tumor marker test is not available in AY2020.

4. How will my working hours be treated on the day of medical examination?

If you take the examination during your working hours, the time spent on a round trip to the medical institution and on the examination will be counted as working hours (the time required for the complete medical checkup will not be counted as working hours).

* If you take the examination on a holiday or a day off, the time spent on taking it will not be counted as working hours.

* If you are a staff member and unable to clock in at the usual time in the morning because of the examination, please enter the medical examination in the relevant box as the reason for the difference between the clock-in time that day and the usual one (clock-in data is not immediately reflected).

Please note that the cost of transportation to and from the off-campus medical institution will not be reimbursed in any cases.

5. When and how can I receive results if I take the examination at an affiliate medical institution?

Faculty and staff members who took the examination at an affiliate medical institution will receive the results about four weeks later. The medical institution will mail the results to them directly or by way of the Medical Service Center. The Medical Service Center will also receive another copy of the results for their records.

6. Can I take the examination at a non-affiliate medical institution?

You can take the examination at a non-affiliate medical institution, too. The University will ensure that the time required for the examination is counted as working hours in such case as well. You will need to pay the examination fee at the institution, which will be reimbursed at your request after the examination. The Gastric Cancer Risk Assessment Test by ABCD classification is available at the affiliate medical institutions only.

7. Can I take the examination off campus and receive vaccination against influenza on campus?

Yes, you can. Please visit the Medical Service Center (Multi-Purpose Hall if you work at Suzaku Campus) during the on-campus group medical examination hours. Please download a preliminary questionnaire from the Medical Service Center website. The on-campus vaccination fee is 2,000 yen. The University will provide separate guidance if the on-campus group examination cannot take place.

8. Can I receive breast cancer screening along with the annual medical examination?

The off-campus medical institutions offer the annual medical examination only.

The University will offer breast cancer screening on each campus in fall if doing so is possible. Breast ultrasound will be used for the screening in AY2020. If you wish to undergo the screening, you will be required to make an online appointment in the same way as you did for the annual medical examination in the past academic years.

The University may cancel on-campus breast cancer screening (optional) without notice depending on the spread of the novel coronavirus (COVID-19). Please note that the cancelled screening will not be rescheduled.

For that reason, the University advises faculty and staff members to use breast cancer screening conducted by municipalities or a cancer screening subsidy program offered by the Ritsumeikan Trust. Please check the details of the subsidy program at *Jinji* WEB, a university website providing personnel-related information.

Jinji WEB: <https://secure.ritsumei.ac.jp/staff-all/unitas/hrweb/>

Jinji WEB > Health support, Industrial health and safety, Risk management >

2. Faculty & staff health support and promotion



Application Closed Steps to Follow for Annual Medical Examination at Affiliate Medical Institution (Kyoto Industrial Health Association)

1. Answer a questionnaire for those wishing to take the annual medical examination at an off-campus medical institution.

Those required to take the annual medical examination will receive an email asking if they wish to take the examination at an off-campus medical institution. The email includes a URL to the questionnaire above. Select "Kyoto Industrial Health Association" and answer the other items. You can also access the questionnaire from the URL and QR code in this section.

<http://u0u1.net/vckd> Both will take you to the Microsoft Forms page (authentication required).



2. Enter the date you wish to take the examination in the questionnaire.

Once the examination appointment is scheduled, you will receive an email from the Medical Service Center.

3. Receive items necessary for the examination.

Those aged 40 and older will receive sample containers by mail. Place the samples in the containers and bring them to the examination.

4. Take the examination.

Take the examination on your appointment date and time at the association. If you need to cancel the examination, please contact the number below.

Kyoto Industrial Health Association (Main Office)	
Access	67 Nishinokyo Kitatsuboicho, Nakagyo-ku, Kyoto [five-minute walk from JR Emmachi station]
Phone No.	0120-823-053
Phone hours	Mon-Fri: 8:30 a.m.-4:30 p.m. Sat: 8:30 a.m.-12:00 p.m.
Medical exam available	Mon-Fri (may also be available on Sat, Sun, and national holidays.)



5. Submit the Annual Medical Examination Completion Report.

After the examination, submit the Annual Medical Examination Completion Report on p.12. Those aged 40 and older also need to submit the results of the Specific Health Checkup to the Promotion and Mutual Aid Corporation for Private Schools of Japan. The report asks whether you agree to provide information on the items not included in the Specific Health Checkup. With consent to provide the information, answer questions and submit the report.

6. Receive the examination results.

The results will be mailed around four weeks after the examination. If you have items that need to be re-examined or examined thoroughly, be sure to have them do so at a nearby medical institution. You can also consult the Medical Service Center about the results. Check when the center is open for consultation at its website before you visit.

Inquiries: hokencnt@st.ritsumei.ac.jp

Application Closed Steps to Follow for Annual Medical Examination at Affiliate Medical Institution (Kyoto Kuramaguchi Medical Center)

1. Answer a questionnaire for those wishing to take the annual medical examination at an off-campus medical institution.

Those required to take the annual medical examination will receive an email asking if they wish to take the examination at an off-campus medical institution. The email includes a URL to the questionnaire above. Select "Kyoto Kuramaguchi Medical Center" and answer the other items. You can also access the questionnaire from the URL and QR code in this section.

<http://u0u1.net/vckd> Both will take you to the Microsoft Forms page (authentication required).



2. Call Kyoto Kuramaguchi Medical Center (075-441-6101) to make an appointment.

Tell the center staff that you want to take the medical examination for Ritsumeikan University faculty and staff.

3. Receive items necessary for the examination.

You will receive a medical questionnaire (and sample containers if you are 40 and older) by mail. Bring them to the examination.

4. Take the examination.

Take the examination on your appointment date and time at the center. If you need to cancel the examination, please contact the number below.

Kyoto Kuramaguchi Medical Center (Healthcare Center)	
Access	27 Koyama Shimofusacho, Kita-ku, Kyoto [one-minute walk from Kyoto Municipal Subway Kuramaguchi Station]
Phone No.	075-441-6143
Phone hours	Mon-Fri (except for national holidays): 9:00 a.m.-5:00 p.m. Sat (1st and 3rd weeks): 9:00-11:00 a.m.
Medical exam available	Except for Sun and national holidays
Note	Bring faculty/staff ID. Rubella antibody test NOT available



5. Submit the Annual Medical Examination Completion Report.

After the examination, submit the Annual Medical Examination Completion Report on p.12. Those aged 40 and older also need to submit the results of the Specific Health Checkup to the Promotion and Mutual Aid Corporation for Private Schools of Japan. The report asks whether you agree to provide information on the items not included in the Specific Health Checkup. With consent to provide the information, answer questions and submit the report.

6. Receive the examination results.

The results will be mailed around four weeks after the examination. If you have items that need to be re-examined or examined thoroughly, be sure to have them do so at a nearby medical institution. You can also consult the Medical Service Center about the results. Check when the center is open for consultation at its website before you visit.

Inquiries: hokencnt@st.ritsumei.ac.jp

Application Closed Steps to Follow for Annual Medical Examination at Affiliate Medical Institution (Oumi Kusatsu Tokushukai Hospital, Medical Examination Center)

1. Answer a questionnaire for those wishing to take the annual medical examination at an off-campus medical institution.

Those required to take the annual medical examination will receive an email asking if they wish to take the examination at an off-campus medical institution. The email includes a URL to the questionnaire above. Select “Oumi Kusatsu Tokushukai Hospital” and answer the other items. You can also access the questionnaire from the URL and QR code in this section.

<http://u0u1.net/vckd> Both will take you to the Microsoft Forms page (authentication required).



2. Enter the date you wish to take the examination in the questionnaire.

Once the examination appointment is scheduled, you will receive a telephone call from the hospital.

3. Receive items necessary for the examination.

The hospital will send you items necessary for the examination. Those aged 40 and older will receive sample containers by mail. Place the samples in the containers and bring them to the examination.

4. Take the examination.

Take the examination on your appointment date and time at the hospital. If you need to cancel the examination, please contact the number below.

Oumi Kusatsu Tokushukai Hospital (Medical Examination Center)	
Access	3-34-52 Higashiyagura, Kusatsu, Shiga [15-minute walk from JR Minami-Kusatsu station]
Phone No.	077-516-2769
Phone hours	Mon-Sat (except for national holidays): 9:00 a.m.-5:00 p.m.
Medical exam available	Except for Sun and national holidays
Note	Abdominal circumference and ECG included also in the exam items for those younger than 35



5. Submit the Annual Medical Examination Completion Report.

After the examination, submit the Annual Medical Examination Completion Report on p.12. Those aged 40 and older also need to submit the results of the Specific Health Checkup to the Promotion and Mutual Aid Corporation for Private Schools of Japan. The report asks whether you agree to provide information on the items not included in the Specific Health Checkup. With consent to provide the information, answer questions and submit the report.

6. Receive the examination results.

The results will be mailed around four weeks after the examination. If you have items that need to be re-examined or examined thoroughly, be sure to have them do so at a nearby medical institution. You can also consult the Medical Service Center about the results. Check when the center is open for consultation at its website before you visit.

Inquiries: hokencnt@st.ritsumei.ac.jp

Application Closed Steps to Follow for Annual Medical Examination at Affiliate Medical Institution (Minamikusatsu Hospital)

1. Answer a questionnaire for those wishing to take the annual medical examination at an off-campus medical institution.

Those required to take the annual medical examination will receive an email asking if they wish to take the examination at an off-campus medical institution. The email includes a URL to the questionnaire above. Select "Minamikusatsu Hospital" and answer the other items. You can also access the questionnaire from the URL and QR code in this section.

<http://u0u1.net/vckd> Both will take you to the Microsoft Forms page (authentication required).



2. Enter the date you wish to take the examination in the questionnaire.

Once the examination appointment is scheduled, you will receive a telephone call from the hospital.

3. Receive items necessary for the examination.

Those aged 40 and older will receive sample containers by mail. Place the samples in the containers and bring them to the examination.

4. Take the examination.

Take the examination on your appointment date and time at the hospital. If you need to cancel the examination, please contact the number below.

Minamikusatsu Hospital	
Access	5-2-39 Noji, Kusatsu, Shiga [five-minute walk from JR Minami-Kusatsu station]
Phone No.	077-562-0724 (main number / for appointment)
Phone hours	Mon-Sat (except for Sun and national holidays): 9:00 a.m.-4:00 p.m.
Medical exam available	Except for Sun and national holidays
Note	English speaking staff NOT available Another hospital visit required to check the results of a rubella antibody test Abdominal circumference included also in the exam items for those younger than 35



5. Submit the Annual Medical Examination Completion Report.

After the examination, submit the Annual Medical Examination Completion Report on p.12. Those aged 40 and older also need to submit the results of the Specific Health Checkup to the Promotion and Mutual Aid Corporation for Private Schools of Japan. The report asks whether you agree to provide information on the items not included in the Specific Health Checkup. With consent to provide the information, answer questions and submit the report.

6. Receive the examination results.

The results will be mailed around four weeks after the examination. If you have items that need to be re-examined or examined thoroughly, be sure to have them do so at a nearby medical institution. You can also consult the Medical Service Center about the results. Check when the center is open for consultation at its website before you visit.

Inquiries: hokencnt@st.ritsume.ac.jp

Application Closed Steps to Follow for Annual Medical Examination at Affiliate Medical Institution (Shiga Health Research Center)

1. Answer a questionnaire for those wishing to take the annual medical examination at an off-campus medical institution.

Those required to take the annual medical examination will receive an email asking if they wish to take the examination at an off-campus medical institution. The email includes a URL to the questionnaire above. Select "Shiga Health Research Center" and answer the other items. You can also access the questionnaire from the URL and QR code in this section.

<http://u0u1.net/vckd> Both will take you to the Microsoft Forms page (authentication required).



2. Receive the confirmation mail from Medical Service Center. (within a few days) After receiving the mail, Call Shiga Health Research Center (0120-35-9997) to make an appointment.

We will tell Shiga Health Research Center about the examination items you need to take. Tell the center staff that you want to take the medical examination for Ritsumeikan University faculty and staff.

3. Receive items necessary for the examination.

Those aged 40 and older will receive sample containers by mail. Place the samples in the containers and bring them to the examination.

4. Take the examination.

Take the examination on your appointment date and time at the center. If you need to cancel the examination, please contact the number below.

Shiga Health Research Center	
Access	664 Kamimachi, Nagahara, Yasu, Shiga [10-minute bus ride on the Ohmi Railway Bus Nagahara loop line from the north entrance of JR Yasu station]
Phone No.	0120-35-9997 (for appointment)
Phone hours	Mon-Sat (except for Sun and national holidays): 9:15 a.m.-5:00 p.m.
Medical exam available	Except for Sun and national holidays
Note	Specific Health Checkup available



5. Submit the Annual Medical Examination Completion Report.

After the examination, submit the Annual Medical Examination Completion Report on p.12. Those aged 40 and older also need to submit the results of the Specific Health Checkup to the Promotion and Mutual Aid Corporation for Private Schools of Japan. The report asks whether you agree to provide information on the items not included in the Specific Health Checkup. With consent to provide the information, answer questions and submit the report.

6. Receive the examination results.

The results will be mailed around four weeks after the examination. If you have items that need to be re-examined or examined thoroughly, be sure to have them do so at a nearby medical institution. You can also consult the Medical Service Center about the results. Check when the center is open for consultation at its website before you visit.

Inquiries: hokencnt@st.ritsumei.ac.jp

Application Closed Steps to Follow for Annual Medical Examination at Affiliate Medical Institution (Osaka Saiseikai Ibaraki Hospital)

1. Answer a questionnaire for those wishing to take the annual medical examination at an off-campus medical institution.

Those required to take the annual medical examination will receive an email asking if they wish to take the examination at an off-campus medical institution. The email includes a URL to the questionnaire above. Select "Osaka Saiseikai Ibaraki Hospital" and answer the other items. You can also access the questionnaire from the URL and QR code in this section.

<http://u0u1.net/vckd> Both will take you to the Microsoft Forms page (authentication required).



2. Enter the date you wish to take the examination in the questionnaire.

Once the examination appointment is scheduled, you will receive a telephone call from the hospital.

3. Receive items necessary for the examination.

Those aged 40 and older will receive sample containers by mail. Place the samples in the containers and bring them to the examination.

4. Take the examination.

Take the examination on your appointment date and time at the hospital. If you need to cancel the examination, please contact the number below.

If you wish to take a rubella antibody test, be sure to let staff know at the reception desk BEFORE taking the examination.

Osaka Saiseikai Ibaraki Hospital	
Access	2-1-45 Mitsukekayama, Ibaraki, Osaka [15-minute walk from JR Ibaraki station]
Phone No.	072-622-8651 (main number)
Phone hours	Mon-Fri (except for national holidays): 1:00-4:00 p.m.
Medical exam available	Except for Sat, Sun, and national holidays



5. Submit the Annual Medical Examination Completion Report.

After the examination, submit the Annual Medical Examination Completion Report on p.12. Those aged 40 and older also need to submit the results of the Specific Health Checkup to the Promotion and Mutual Aid Corporation for Private Schools of Japan. The report asks whether you agree to provide information on the items not included in the Specific Health Checkup. With consent to provide the information, answer questions and submit the report.

6. Receive the examination results.

The results will be mailed around four weeks after the examination. If you have items that need to be re-examined or examined thoroughly, be sure to have them do so at a nearby medical institution. You can also consult the Medical Service Center about the results. Check when the center is open for consultation at its website before you visit.

Inquiries: hokencnt@st.ritsume.ac.jp

Application Closed Steps to Follow for Annual Medical Examination at Affiliate Medical Institution (Kikkoukai Clinic)

1. Answer a questionnaire for those wishing to take the annual medical examination at an off-campus medical institution.

Those required to take the annual medical examination will receive an email asking if they wish to take the examination at an off-campus medical institution. The email includes a URL to the questionnaire above. Select "Kikkoukai Clinic" and answer the other items.

You can also access the questionnaire from the URL and QR code in this section.

<http://u0u1.net/vckd> Both will take you to the Microsoft Forms page (authentication required).



2. Enter the date you wish to take the examination in the questionnaire.

Once the examination appointment is scheduled, you will receive a telephone call from the clinic.

3. Receive items necessary for the examination.

The clinic will send you items necessary for the examination.

Those aged 40 and older will receive sample containers by mail. Place the samples in the containers and bring them to the examination.

4. Take the examination.

Take the examination on your appointment date and time at the clinic. If you need to cancel the examination, please contact the number below.

Kikkoukai Clinic	
Access	3-4-1 Uchikyuhojimachi, Chuo-ku, Osaka [five-minute walk from Tanimachi 4-chome station on the Osaka Metro Tanimachi line]
Phone No.	06-6943-1306 (main number)
Phone hours	Mon-Fri (except for national holidays): 9:00 a.m.-5:00 p.m.
Medical exam available	Except for Sat, Sun, and national holidays



5. Submit the Annual Medical Examination Completion Report.

After the examination, submit the Annual Medical Examination Completion Report on p.12. Those aged 40 and older also need to submit the results of the Specific Health Checkup to the Promotion and Mutual Aid Corporation for Private Schools of Japan. The report asks whether you agree to provide information on the items not included in the Specific Health Checkup. With consent to provide the information, answer questions and submit the report.

6. Receive the examination results.

The results will be mailed around four weeks after the examination. If you have items that need to be re-examined or examined thoroughly, be sure to have them do so at a nearby medical institution. You can also consult the Medical Service Center about the results. Check when the center is open for consultation at its website before you visit.

Inquiries: hokencnt@st.ritsume.ac.jp

Steps to Follow for Annual Medical Examination at Non-Affiliate Medical Institution

1. Select a medical institution providing all required examination items.

Check with a medical institution first if it provides all examination items listed in the annual medical examination form for those taking the examination off campus. The form can be found on p.11.

2. Make an appointment for the examination.

Please check with the medical institution how to make an appointment for the examination.

3. Receive items necessary for the examination.

Those aged 40 and older need to take a stool test. Please check with the medical institution how to receive sample containers and other items necessary for the examination.

4. Take the examination.

Take the examination on your appointment date and time at the medical institution. Bring the annual medical examination form for those taking the examination off campus on p.11 and have the form completed at the medical institution.

Pay the examination fee at the institution. The fee will be reimbursed later. You will need to submit the receipt of the fee when requesting the reimbursement, so be sure to have the receipt issued at the institution and keep it until making the request.

* The fee will not be reimbursed without the receipt.

5. Receive the examination results.

If you have items that need to be re-examined or examined thoroughly, be sure to have them do so at a nearby medical institution. You can also consult the Medical Service Center about the results. Check when the center is open for consultation at its website before you visit.

6. Submit the Annual Medical Examination Completion Report.

After the examination, submit the **Annual Medical Examination Completion Report** on p.12, **examination results**, and **Invoice for Annual Medical Examination** on p.13 (with the original receipt attached) to the Medical Service Center of your campus (to the one at Kinugasa Campus if you work at Suzaku Campus). **For your own health care, be sure to copy the medical examination result before submitting.**

Those aged 40 and older also need to submit the results of the Specific Health Checkup to the Promotion and Mutual Aid Corporation for Private Schools of Japan. The report asks whether you agree to provide information on the items not included in the Specific Health Checkup. With consent to provide the information, answer questions

Annual Medical Examination Items

Items	Applicable to		Note
Chest X-ray	All	Mandatory (See the exception in the right column.)	Women who are pregnant or possibly pregnant may not undergo chest X-ray. All individuals other than the above must undergo chest X-ray. The University do not consider the examination valid without chest X-ray.
Height and weight	All	Mandatory	
Abdominal circumference	35 years and older	Mandatory for those aged 40 years and older	For metabolic syndrome assessment
Urinalysis	All	Mandatory	
Blood pressure	All	Mandatory	
Visual acuity	All	Mandatory	
Audiometry	All	Mandatory	
Blood test	All	Mandatory	The test items are as follows: total protein, GOT (AST), GPT (ALT), ALP, LDH, γ-GTP, LDL cholesterol, HDL cholesterol, total cholesterol, non-HDL cholesterol, triglyceride, creatinine, eGFR, uric acid, blood sugar, HbA1c (NGSP), and complete blood count including WBC, RBC, Hb, Ht, and platelet count.
Blood test for cancer risk assessment	Applicants only (See the conditions in the right column.)		1. Gastric Cancer Risk Assessment Test by ABCD classification only available at affiliate medical institutions Applicable to: -Those aged 35 years and older who have not received the test (ABCD classification) in the previous examinations at Ritsumeikan -Those aged 35, 40, 45, 50, 55, 60, 65, 70, and 75 years (as of March 31, 2021) who were in group A in the previous examination 2. Prostate-specific antigen (PSA) test for prostate cancer screening Applicable to men aged 50 years and older
Physical examination	All	Mandatory	
Electrocardiography	35 years and older	Mandatory	
Stool test	40 years and older		Fecal occult blood test for colorectal cancer screening: Please bring two stool samples on the examination day. The samples must be collected during the period from four days before and on the examination day.

Where to Send Inquiries and Documents about the Examination

Ritsumeikan Medical Service Center: Open on Monday through Friday (closed on national holidays)
from 9:30 a.m. to 5:00 p.m.

Kinugasa/Suzaku Campus ☎ 075-465-8232 56-1 Toji-in Kitamachi, Kita-ku, Kyoto 603-8577
Biwako-Kusatsu Campus ☎ 077-561-2635 1-1-1 Noji-higashi, Kusatsu, Shiga 525-8577
Osaka Ibaraki Campus ☎ 072-665-2110 2-150 Iwakura-cho, Ibaraki, Osaka 567-8570

学校法人立命館健康診断 (定期健康診断代替用)

【本人記入】

フリガナ			教員・職員(専任・特任・常勤・契約・その他)	
氏 名			教職員番号	
生年月日	西暦	年 月 日生 ()歳	所属キャンパス	朱雀・衣笠・BKC・OIC・()
性 別	男 ・ 女		所属学部・部課	

診 断 事 項

身長	. cm			胸部 X 線 (直接) N o . 撮影年月日 年 月 日 異常所見 無・有 (所見を記入して下さい) 【所見記入欄】 
体重	. kg BMI			
腹囲	. cm 35 歳以上または BMI25 以上			
血圧	/ mmHg			
検尿	蛋白() ・ 糖() ・ 潜血()			
視力	右 ・ (・) メガネ・コンタクト 左 ・ (・) メガネ・コンタクト			
聴力	右 1000Hz 1.所見なし 2.所見あり 右 4000Hz 1.所見なし 2.所見あり 左 1000Hz 1.所見なし 2.所見あり 左 4000Hz 1.所見なし 2.所見あり			
血液検査 採血時間 空腹時・食後()分				心 電 図 (35 歳以上)
検査項目	検査値	検査項目	検査値	異常所見 無・有 (所見を記入して下さい) <u>* 所見がある場合は心電図コピー添付</u> 【所見記入欄】
総蛋白	g/dl	尿酸	mg/dl	既往症・自覚症状等
GOT	U/L	クレアチニン	mg/dl	
G P T	U/L	eGFR	mL/min/1.73m ²	
A L P	U/L	血糖	mg/dl	
L D H	U/L	H b A 1 c	%	
γ - GTP	U/L	白血球	10 ³ /mm ³	
L D L コレステロール	mg/dl	赤血球	10 ⁴ /mm ³	
H D L コレステロール	mg/dl	血色素量	g/dl	
中性脂肪	mg/dl	ヘマトクリット	%	
総コレステロール	mg/dl	血小板	10 ⁴ /mm ³	
nonHDL	mg/dl	PSA (50 歳以上男性 希望者のみ)	ng/ml	
便潜血 2 回法 (40 歳以上)				
1 回目		2 回目		
上記のとおり診断します。 西暦 年 月 日 住所(所在地) 医療機関名 電話番号() — 医師の氏名 印				

【記入上の注意】

1. 本人記入欄に記入の上、医師の証明を受けて下さい。
2. 視力欄の()は矯正視力を記入してください。矯正視力の場合はメガネ・コンタクトに○をして下さい。
3. なお、矯正視力の場合、裸眼視力は不要です。
4. 血液検査値は数値を記入いただくか、検査箋を貼付して下さい。

To the Medical Service Center

Please bring, or send via inter-campus mail or by postal mail this form to the Medical Service Center of your campus.

Faculty and staff at Suzaku campus should submit it to the one at Kinugasa campus.

Date: / /
(DD/MM/YYYY)

Annual Medical Examination Completion Report

Faculty/staff ID number	
Employment status	Tenured faculty / Definite-term faculty / Permanent staff / Definite-term staff / Other ()
Name in <i>katakana</i> (may leave blank)	
Name	
Date of birth	/ / (DD/MM/YYYY) Age:
Campus	Suzaku / Kinugasa / Biwako-Kusatsu / Osaka Ibaraki / Other ()

Date of examination	/ / (DD/MM/YYYY)
Medical institution Please circle the appropriate one.	Kyoto Industrial Health Association (Main Office) / Kyoto Kuramaguchi Medical Center (Healthcare Center) / Oumi Kusatsu Tokushukai Hospital / Minamikusatsu Hospital / Shiga Health Research Center / Osaka Saiseikai Ibaraki Hospital / Kikkoukai Clinic / Other ()

For those aged 40 years and older (as of March 31, 2021):

I hereby agree to submit all the data displayed in a copy of my *Ningen Dock* (complete medical checkup) results, including items which are not specified in the Specific Health Checkup, to the Promotion and Mutual Aid Corporation for Private Schools of Japan for the purpose of “Specific Health Checkups and Specific Health Guidance” set forth in the “Act on Assurance of Medical Care for Elderly People.”

I agree. • I do not agree.

If you agree:

Please answer the following four questions required for “Specific Health Checkups and Specific Health Guidance.”

質問Questions	答えAnswer
血圧を下げる薬の使用の有無 Are you presently taking medications to control your blood pressure?	有・無 Yes・No
インスリン注射又は血糖を下げる薬の使用の有無 Are you presently taking medications to lower your glucose levels or insulin injection?	有・無 Yes・No
コレステロールを下げる薬の使用の有無 Are you presently taking medications to lower cholesterol?	有・無 Yes・No
喫煙の有無 Do you smoke?	有・無 Yes・No

The Ritsumeikan Trust

Invoice for Faculty and Staff Annual Medical Examination

Application date: / /
(DD/MM/YYYY)

To the Office of Medical Services, the Division of Student Affairs, the Ritsumeikan Trust

★Please submit this form to the Medical Service Center of your campus (faculty and staff at Suzaku Campus should submit it to the one at Kinugasa Campus) along with the Annual Medical Examination Completion Report and the examination results.

Affiliation		Employment status		Faculty/staff ID number						
Name in <i>katakana</i> (may leave blank)										
Name	(seal/signature)									
Please check the appropriate box.	<input type="checkbox"/> Underwent chest X-ray <input type="checkbox"/> Currently pregnant (at ____ weeks of pregnancy) <input type="checkbox"/> Possibly pregnant									
Mobile phone number										

■ Medical examination fee

Total amount (Sales tax included)	yen
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Please attach the original receipt here.

A photocopy of the receipt is NOT accepted.

*Please add another sheet if the space is insufficient.

Received	Reimbursement processed	Note
/ / (DD/MM/YYYY)	/ / (DD/MM/YYYY)	